# LEARNING OUTCOME BASED VOCATIONAL CURRICULUM

JOB ROLE: Specialized Sewing Machine Operator

(QUALIFICATION PACK: Ref.Id.AMH/Q2301)

SECTOR: Apparel, Made-Ups and Home Furnishing

Classes11and12



## PSS CENTRAL INSTITUTE OF VOCATIONAL EDUCATION

(a constituent unit of NCERT, under MHRD, Government of India)

Shyamla Hills, Bhopal- 462 002, M.P., India

http://www.psscive.ac.in



# Gandhiji's Talisman

I will give you a talisman. Whenever you are in doubt or when the self becomes too much with you, apply the following test:

Recall the face of the poorest and the weakest man whom you may have seen and ask yourself if the step you contemplate is going to be of any use to him. Will he gain anything by it? Will it restore him to a control over his own life and destiny? In other words, will it lead to Swaraj for the hungry and spiritually starving millions?

Then you will find your doubts and your self melting away.

magandri







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Apparel, Made-Ups and Home Furnishing– Specialised Sewing Machine Operator

June, 2017

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#### **FOREWORD**

The Pandit Sunderlal Sharma Central Institute of Vocational Education (PSSCIVE) a constituent of the National Council of Educational Research and Training (NCERT) is spearheading the efforts of developing learning outcome based vocational curriculum and courseware aimed at integrating both vocational and general qualifications to open pathways of career progression for students. It is a part of Centrally Sponsored Scheme of Vocationalisation of Secondary and Higher Secondary Education (CSSVSHSE) launched by the Ministry of Human Resource Development, Government of India in 2012. The PSS Central Institute of Vocational Education (PSSCIVE) is developing curricula under the project approved by the Project Approval Board (PAB) of Rashtriya Madhyamik Shiksha Abhiyan (RMSA). The main purpose of the learning outcome based vocational curriculum is to bring about the improvement in teaching-learning process and working competencies through learning outcomes embedded in the vocational subject.

It is a matter of great pleasure to introduce this learning outcome based vocational curriculumas part of the vocational training packages for the job role of **Specialized Sewing Machine Operator.** The curriculum has been developed for the higher secondary students of vocational education and is aligned to the National Occupation Standards (NOSs) of a job role identified and approved under the National Skill Qualification Framework (NSQF).

The curriculum aims to provide children with employability and vocational skills to support occupational mobility and lifelong learning. It will help them to acquire specific occupational skills that meet employers' immediate needs. The teaching process is to be performed through the interactive sessions in classrooms, practical activities in laboratories and workshops, projects, field visits, and professional experiences.

The curriculum has been developed and reviewed by a group of experts and their contributions are greatly acknowledged. The utility of the curriculum will be adjudged by the qualitative improvement that it brings about in teaching-learning. The feedback and suggestions on the content by the teachers and other stakeholders will be of immense value to us in bringing about further improvement in this document.

HRUSHIKESHSENAPATY
Director
National Council of Education Research and Training

#### **PREFACE**

India today stands poised at a very exciting juncture in its saga. The potential for achieving inclusive growth are immense and the possibilities are equally exciting. The world is looking at us to deliver sustainable growth and progress. To meet the growing expectations, India will largely depend upon its young workforce. The much-discussed demographic dividend will bring sustaining benefits only if this young workforce is skilled and its potential is channelized in the right direction.

In order to fulfil the growing aspirations of our youth and the demand of skilled human resource, the Ministry of Human Resource Development (MHRD), Government of India introduced the revised Centrally Sponsored Scheme of Vocationalisation of Secondary and Higher Secondary Education that aims to provide for the diversification of educational opportunities so as to enhance individual employability, reduce the mismatch between demand and supply of skilled manpower and provide an alternative for those pursuing higher education. For spearheading the scheme, the PSS Central Institute of Vocational Education (PSSCIVE) was entrusted the responsibility to develop learning outcome based vocational curriculum, student workbooks, teacher handbooks and e-learning materials for the job roles in various sectors, with growth potential for employment.

The PSSCIVE firmly believes that the vocationalisation of education in the nation needs to be established on a strong footing of philosophical, cultural and sociological traditions and it should aptly address the needs and aspirations of the students besides meeting the skill demands of the industry. The curriculum, therefore, aims at developing the desired professional, managerial and communication skills to fulfil the needs of the society and the world of work. In order to honour its commitment to the nation, the PSSSCIVE has initiated the work on developing learning outcome based vocational curriculum with the involvement of faculty members and leading experts in respective fields. It is being done through the concerted efforts of leading academicians, professionals, policy makers, partner institutions, Vocational Education and Training experts, industry representatives, and teachers. The expert group through a series of consultations, working group meetings and use of reference materials develops a National Curriculum. Currently, the Institute is working on developing curricula and courseware for over 100 job roles in various sectors.

We extend our gratitude to all the contributors for selflessly sharing their precious knowledge, acclaimed expertise, valuable time and positively responding to our request for development of curriculum. We are grateful to MHRD and NCERT for the financial support and cooperation in realising the objective of providing learning outcome based vocational curriculum and courseware to the States and other stakeholders under the PAB (Project Approval Board) approved project of Rashtriya Madhyami kShiskha Abhiyan (RMSA) of MHRD.

Finally, for transforming the proposed curriculum design into a vibrant reality of implementation, all the institutions involved in the delivery system shall have to come together with a firm commitment and they should secure optimal community support. The success of this curriculum depends upon its effective implementation and it is expected that the managers of vocational education and training system, including subject teachers will make efforts to create better facilities, develop linkages with the world of work and foster a conducive environment as per the content of the curriculum document.

The PSSCIVE, Bhopal remains committed in bringing about reforms in the vocational education and training system through the learner-centric curricula and courseware. We hope that this document will prove useful in turning out more competent Indian workforce for the 21st Century.

RAJESH P. KHAMBAYAT

Joint Director

PSS Central Institute of Vocational Education

#### **ACKNOWLEDGEMENTS**

On behalf of the team at the PSS Central Institute of Vocational Education (PSSCIVE) we are grateful to the members of the Project Approval Board (PAB) of Rashtriya Madhyami kShiksha Abhiyan (RMSA) and the officials of the Ministry of Human Resource Development (MHRD), Government of India for the financial support to the project for development of curricula.

We are grateful to the Director, NCERT for his support and guidance. We also acknowledge the contributions of our colleagues at the Technical Support Group of RMSA, MHRD, RMSA Cell at the National Council of Educational Research and Training (NCERT), National Skill Development Agency (NSDA) and National Skill Development Corporation (NSDC) and Apparel, Made-ups and Home Furnishing Sector Skill Council (AMHSSC) for their academic support and cooperation.

We are grateful to the expert contributors for their earnest effort and contributions in the development of this learning outcome based vocational curriculum. Their names are acknowledged in the list of contributors.

We are also grateful to Dr.Pinki Khanna, Course Coordinator, Dr. Anil Kumar, Professor, Department of Vocational Education and Entrepreneurship Development, National Institute of Technical Teachers Training and Research (NITTTR), Bhopal and Dr. Nishi Sharma, Consultant on contractual basis for their contributions.

The contributions made by Dr. Vinay Swarup Mehrotra, Professor and Head, Curriculum Development and Evaluation Centre (CDEC), Dr. Vipin Kumar Jain, Associate Professor and Head, Programme Planning and Monitoring Cell (PPMC) and Dr. Dipak D. Shudhalwar, Associate Professor (CSE) and Head Computer Center, PSSCIVE in development of the curriculum for the employability skills are duly acknowledged.

The assistance provided by Shri Vinod K. Soni, Computer Operator Grade-II and Smt. Sangeeta Sortey, Computer Operator Grade-III in layout, design and composing of the material is duly acknowledged.

**PSSCIVE Team** 

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#### 1. COURSE OVERVIEW

# COURSE TITLE: Apparel, Made-Ups and Home Furnishing - Specialized Sewing Machine Operator

Sewing machine operator's work in the clothing and textile industry using a single machine but the specialized sewing machine operator should have the knowledge of different types of machines, stitches, seams and specialized techniques used. A specialized sewing machine operator is a textile worker who sews fabric with electronic machines, high speed motorized machines (umbrella), specific specialized machines used for specific stitches.

A Specialized Sewing Machine Operator is responsible for operating the specialized sewing machine to sew different kinds of stitches of fabric/garments in the apparel industry. They must understand the limits of their machines, faults, difficulties as all machines are not created equal. A specialized sewing machine operator should have a good eyesight, eye co-ordination, motor skills, distance vision and colour vision.

#### **COURSE OUTCOMES:** On completion of the course, student should be able to:

- Apply effective oral and written communication skills to interact with people and customers.
- Identify the principal components of a computer system.
- Demonstrate the basic skills of using computer.
- Demonstrate self-management skills.
- Demonstrate the ability to provide a self-analysis in context of entrepreneurial skills and abilities.
- Demonstrate the knowledge of the importance of green skills in meeting the challenges of sustainable development and environment protection.
- Identify the types of specialized sewing machine.
- Demonstrate different types of thread, needle and their uses in specialized sewing machine.
- Identify types of embroidery machine, high speed motorized machine and their uses.
- Demonstrate chain stitch machine, its importance and operating system.
- Importance of lock stitch machine.
- Explain the button and buttonhole machine with its importance.
- Identify different parts of zigzag sewing machine and its importance.
- Narrate introduction and importance of preparing the specialized sewing machine.
- Demonstrate samples using button, buttonhole and zigzag machine.
- Identify Communicating and resolving the problem in workplace.
- Describe maintenance, cleaning and disposal of waste.
- Identify cleaning procedure and safe practices.
- Describe importance and operating system of lock stitch, feed of arm, blind, bar-tack, and interlock machines.
- Narrate the importance and role of high speed machines in apparel industry.
- Identify maintenance of health, work area, tools and machines.

**COURSE REQUIREMENTS:** The learner should have the basic knowledge of Sewing Machines and Textile and Clothing.

**COURSE LEVEL:** This is a course for class XI and XII. On completion of this course, a student can take up a higher level course in the area of Apparel, Made-ups and Home Furnishing.

COURSE DURATION: 600 Hrs

Class 11: 300 Hrs Class 12: 300 Hrs

Total: 600 Hrs

# 2. SCHEME OF UNITS

This course is a planned sequence of instructions consisting of Units meant for developing employability and vocational competencies of students of Class 11 and 12 opting for vocational subject along with general education subjects. The unit-wise distribution of hours and marks for Class 11 is as follows:

	CLASS 11		
	Units	No. of Hours for Theory and Practical 300	Max. Marks for Theory and Practical 100
Part A	Employability Skills		
	Unit 1: Communication Skills- III	25	
	Unit 2: Self-management Skills – III	25	
	Unit 3: Information and Communication Technology Skills – III	20	10
	Unit 4: Entrepreneurial Skills – III	25	
	Unit 5: Green Skills – III	15	-
	Total	110	10
Part B	Vocational Skills		
	Unit 1: Production Technology	35	
	Unit 2: Introduction to Industrial Sewing  Machines	25	
	Unit 3: Machines for Seam Finishes	25	40
	Unit 4: Machines for Ornamental Stitches	25	40
	Unit 5: Machines for Attachments	25	-
	Unit 6: Personal Hygiene, Cleaning and Maintenance at Workplace	30	
	Total	165	40
Part C	Practical Work		
	Practical Examination	06	15
	Written Test	01	10
	Viva Voce	03	10
	Total	10	35

Part D	Project Work/Field Visit		
	Practical File/Student Portfolio	10	10
	Viva Voce	05	05
	Total	15	15
	Grand Total	300	100

The unit-wise distribution of hours and marks for Class 12 is as follows:

	CLASS 12		
	Units	No. of Hours for Theory and Practical 300	Max. Marks for Theory and Practical 100
Part A	Employability Skills		
	Unit 1: Communication Skills- IV	25	
	Unit 2: Self-management Skills – IV	25	1
	Unit 3: Information and Communication Technology Skills – IV	20	10
	Unit 4: Entrepreneurial Skills – IV	25	-
	Unit 5: Green Skills - IV	15	-
	Total	110	10
Part B	Vocational Skills		
	Unit 1: Introduction to Garment Pre- production processes	30	
	Unit 2: Feed off the arm and bartack machines	30	
	Unit 3: Flat lock machine, blind stitch machine, finishing machine and other equipment	40	40
	Unit 4: Organizational Health safety and security at workplace	30	
	Unit 5: Quality Control in Stitching Process	35	
		165	40
Part C	Practical Work		
	Practical Examination	06	15
	Written Test	01	10
	Viva Voce	03	10
	Total	10	35
Part D	Project Work/Field Visit		
	Practical File/Student Portfolio	10	10
	Viva Voce	05	05
	Total	15	15
	Grand Total	300	100

### 3. TEACHING/TRAINING ACTIVITIES

The teaching and training activities have to be conducted in classroom, laboratory/workshops and field visits. Students should be taken to field visits for interaction with experts and to expose them to the various tools, equipment, materials, procedures and operations in the workplace. Special emphasis should be laid on the occupational safety, health and hygiene during the training and field visits.

#### **CLASSROOM ACTIVITIES**

Classroom activities are an integral part of this course and interactive lecture sessions, followed by discussions should be conducted by trained vocational teachers. Vocational teachers should make effective use of a variety of instructional or teaching aids, such as audio-video materials, colour slides, charts, diagrams, models, exhibits, hand-outs, online teaching materials, etc. to transmit knowledge and impart training to the students.

#### PRACTICAL WORK IN LABORATORY/WORKSHOP

Practical work may include but not limited to hands-on-training, simulated training, role play, case based studies, exercises, etc. Equipment and supplies should be provided to enhance hands-on learning experience of students. Only trained personnel should teach specialized techniques. A training plan that reflects tools, equipment, materials, skills and activities to be performed by the students should be submitted by the vocational teacher to the Head of the Institution.

#### FIELD VISITS/ EDUCATIONAL TOUR

In field visits, children will go outside the classroom to obtain specific information from experts or to make observations of the activities. A checklist of observations to be made by the students during the field visits should be developed by the Vocational Teachers for systematic collection of information by the students on the various aspects. Principals and Teachers should identify the different opportunities for field visits within a short distance from the school and make necessary arrangements for the visits. At least three field visits should be conducted in a year.

### 4. ASSESSMENT AND CERTIFICATION

**U**pon successful completion of the course by the candidate, the Central/ State Examination Board for Secondary Education and the respective Sector Skill Council will certify the competencies.

The National Skills Qualifications Framework (NSQF) is based on outcomes referenced to the National Occupation Standards (NOSs), rather than inputs. The NSQF level descriptors, which are the learning outcomes for each level, include the process, professional knowledge, professional skills, core skills and responsibility. The assessment is to be undertaken to verify that individuals have the knowledge and skills needed to perform a particular job and that the

learning programme undertaken has delivered education at a given standard. It should be closely linked to certification so that the individual and the employer could come to know the competencies acquired through the vocational subject or course. The assessment should be reliable, valid, flexible, convenient, cost effective and above all it should be fair and transparent. Standardized assessment tools should be used for assessment of knowledge of students. Necessary arrangements should be made for using technology in assessment of students.

#### **KNOWLEDGE ASSESSMENT (THEORY)**

**Knowledge Assessment** should include two components: one comprising of internal assessment and second an external examination, including theory examination to be conducted by the Board. The assessment tools shall contain components for testing the knowledge and application of knowledge. The knowledge test can be objective paper based test or short structured questions based on the content of the curriculum.

#### **WRITTEN TEST**

It allows candidates to demonstrate that they have the knowledge and understanding of a given topic. Theory question paper for the vocational subject should be prepared by the subject experts comprising group of experts of academicians, experts from existing vocational subject experts/teachers, and subject experts from university/colleges or industry. The respective Sector Skill Council should be consulted by the Central/State Board for preparing the panel of experts for question paper setting and conducting the examinations.

The blue print for the question paper may be as follows:

Duration: 3 Hrs Max. Mark: 40

		No. of Questions			
S. No.	Typology of Question	Very Short Answer (1 mark)	Short Answer (2 Marks)	Long Answer (3 Marks)	Marks
1.	Remembering – (Knowledge based simple recall questions, to know specific facts, terms, concepts, principles, or theories; identify, define or recite, information)	3	2	2	13
2.	Understanding – (Comprehension – to be familiar with meaning and to understand conceptually, interpret, compare, contrast, explain, paraphrase, or interpret information)	2	3	2	14
3.	Application – (Use abstract information in concrete	0	2	1	07

	Total	JA1-5	10/2-20	0X0-10	(20questions)
	Total	5x1=5	10x2=20	5x3=15	40
5.	Evaluation – (Appraise, judge, and/or justify the value or worth of a decision or outcome, or to predict outcomes based on values)	0	1	0	02
4.	situations: Use given content to interpret a situation, private an example, or solve a problem)  High Order Thinking Skills – (Analysis & Synthesis – Classify, compare, contrast, or differentiate between different pieces of information; Organize and/ or integrate unique pieces of information from a variety of sources)	0	2	0	04
	situation, to apply knowledge to new				

#### SKILL ASSESSMENT (PRACTICAL)

Assessment of skills by the students should be done by the assessors/examiners on the basis of practical demonstration of skills by the candidate, using a competency checklist. The competency checklist should be developed as per the National Occupation Standards (NOSs) given in the Qualification Pack for the Job Role to bring about necessary consistency in the quality of assessment across different sectors and Institutions. The student has to demonstrate competency against the performance criteria defined in the National Occupation Standards and the assessment will indicate that they are 'competent', or are 'not yet competent'. The assessors assessing the skills of the students should possess a current experience in the industry and should have undergone an effective training in assessment principles and practices. The Sector Skill Councils should ensure that the assessors are provided with the training on the assessment of competencies.

Practical examination allows candidates to demonstrate that they have the knowledge and understanding of performing a task. This will include hands-on practical exam and viva voce. For practical, there should be a team of two evaluators – the subject teacher and the expert from the relevant industry certified by the Board or concerned Sector Skill Council. The same team of examiners will conduct the viva voce.

**Project Work** (individual or group project) is a great way to assess the practical skills on a certain time period or timeline. Project work should be given on the basis of the capability of the individual to perform the tasks or activities involved in the project. Projects should be discussed in the class and the teacher should periodically monitor the progress of the project and provide feedback for improvement and innovation. Field visits should be organised as part of the project work. Field visits can be followed by a small-group work/project work. When the class

returns from the field visit, each group might be asked to use the information that they have gathered to prepare presentations or reports of their observations. Project work should be assessed on the basis of practical file or student portfolio.

**Student Portfolio** is a compilation of documents that supports the candidate's claim of competence. Documents may include reports, articles, photos of products prepared by students in relation to the unit of competency.

**Viva voce** allows candidates to demonstrate communication skills and content knowledge. Audio or video recording can be done at the time of viva voce. The number of external examiners would be decided as per the existing norms of the Board and these norms should be suitably adopted/adapted as per the specific requirements of the vocational subject. Viva voceshould also be conducted to obtain feedback on the student's experiences and learning during the project work/field visits.

#### 5. UNIT CONTENTS

#### CLASS 11

## Part A: Employability Skills

S .No.	Units	Duration (hrs)
1.	Communication Skills- III	25
2.	Self-management Skills – III	25
3.	Information and Communication Technology Skills - III	20
4.	Entrepreneurial Skills – III	25
5.	Green Skills – III	15
	Total	110

Learning	Theory	Practical	Duration
Outcome	(10hrs)	(15hrs)	(25 hrs)
Demonstrate     knowledge of     communication	<ol> <li>Introduction to communication</li> <li>Importance of communication</li> <li>Elements of communication</li> <li>Perspectives in communication</li> <li>Effective communication</li> </ol>	<ol> <li>Role-play on the communication process</li> <li>Group discussion on factors affecting perspectives in communication</li> <li>Classroom discussion on the 7Cs(i.e. Clear, Concise, Concrete, Correct, Coherent, Courteous and Complete) of effective communication</li> <li>Chart making on elements of communication</li> </ol>	03

2. Demonstrate	1. Verbal	1. Role-play of a phone	
verbal	communication	conversation.	
communication	2. Public Speaking	2. Group exercise on delivering	02
		speech and practicing	
		public speaking	
3. Demonstrate	1. Importance of	1. Role-play on non-verbal	
non-verbal	non-verbal	communication	
communication	communication  2. Types of non-	2. Group exercise and discussion on Do's and Don'ts	
	verbal	to avoid body language	02
	communication	mistakes	
	3. Visual	3. Group activity on methods of	
	communication	communication	
4. Speak using	1. Pronunciation	Group activities on	
correct	basics	practicing pronunciation	
pronunciation	2. Speaking properly		01
	3. Phonetics		
	4. Types of sounds		
5. Apply an	1. Important	1. Group discussion on	
assertive	communication	communication styles	
communication	styles	2. Group discussion on	
style	2. Assertive	observing and sharing	
	communication 3. Advantages of	communication styles	03
	assertive		03
	communication		
	4. Practicing		
	assertive		
	communication		
6. Demonstrate the	1. Steps for saying	1. Group discussion on how to	
knowledge of	'No'	respond	02
saying no	2. Connecting	2. Group activity on saying 'No'	02
7	words		
7. Identify and use	1. Capitalisation	1. Group activity on identifying	
parts of speech in writing	2. Punctuation	parts of speech	
in willing	3. Basic parts of speech	Writing a paragraph with punctuation marks	
	4. Supporting parts	3. Group activity on	03
	of speech	constructing sentences	
	3. 500011	4. Group activity on identifying	
		parts of speech	
8. Write correct	1. Parts of a	Activity on writing sentences	
sentences and	sentence	Activity on active and	
paragraphs	2. Types of object	passive voice	00
	3. Types of	3. Assignment on writing	02
	sentences	different types of sentences	
	4. Paragraph		

9. Communicate	1. Greetings	Role-play on formal and	
with people	2. Introducing self	informal greetings	
	and others	2. Role-play on introducing	
		someone	02
		3. Practice and group	
		discussion on how to greet	
		different people?	
10. Introduce	1. Talking about self	Practicing self-introduction	
yourself to others	2. Filling a form	and filling up forms	
and write about		2. Practicing self-introduction	01
oneself		to others	
11. Develop	1. Main types of	Practice exercise on forming	
questioning skill	questions	questions	
	2. Forming closed	2. Group activity on framing	
	and open-ended	questions	01
	questions		
12. Communicate	1. Names of	Practice talking about family	
information	relatives	2. Role-play on talking about	
about family to	2. Relations	family members in a relations	01
others			
13. Describe habits	1. Concept of	Group discussion on habits	
and routines	habits and	and routines	
	routines	2. Group activity on describing	01
		routines	<b>.</b>
14. Ask or give	1. Asking for	Role-play on asking and	
directions to	directions	giving directions	
others	2. Using landmarks	2. Identifying symbols used for	
		giving directions	01
Total			25

Learning	Theory	Practical	Duration
Outcome	(10hrs)	(15hrs)	(25hrs)
1. Identify and	1. Understanding self	1. Activity on writing aims in life	
analyze own strengths and weaknesses	<ul><li>2. Techniques for identifying strengths and weaknesses</li><li>3. Difference between interests and abilities</li></ul>	Preparing a worksheet on interests and abilities	03
2. Demonstrate personal grooming skills	<ol> <li>Guidelines for dressing and grooming</li> <li>Preparing a personal grooming checklist</li> </ol>	<ol> <li>Role-play on dressing and grooming standards</li> <li>Self-reflection activity on various aspects of personal grooming</li> </ol>	04

3. Maintain personal hygiene	<ol> <li>Importance of personal hygiene</li> <li>Three steps to personal hygiene</li> <li>Essential steps of hand washing</li> </ol>	<ol> <li>Role-play on personal hygiene</li> <li>Assignment on personal hygiene</li> </ol>	03
4. Demonstrate the knowledge of working in a team and participating in group activities	<ol> <li>Describe the benefits of teamwork</li> <li>Working in a team</li> </ol>	<ol> <li>Assignment on working in a team</li> <li>Self-reflection on teamwork</li> </ol>	03
5. Develop networking skills	<ol> <li>Benefits of networking skills</li> <li>Steps to build networking skills</li> </ol>	<ol> <li>Group exercise on networking in action</li> <li>Assignment on networking skills</li> </ol>	03
6. Describe the meaning and importance of self-motivation	<ol> <li>Meaning of selfmotivation</li> <li>Types of motivation</li> <li>Steps to building self-motivation</li> </ol>	<ol> <li>Activity on staying motivated</li> <li>Assignment on reasons hindering motivation</li> </ol>	03
7. Set goals	Meaning of goals     and purpose of     goal-setting     Setting SMART     goals	<ol> <li>Assignment on setting SMART goals</li> <li>Activity on developing long-term and short-term goals using SMART method</li> </ol>	03
8. Apply time management strategies and techniques	Meaning and importance of time management     Steps for effective time management	<ol> <li>Checklist for making preparation for daily activities</li> <li>Preparing To-do-list</li> </ol>	03
Total			25

UNIT 3: INFORMATION AND COMMUNICATION TECHNOLOGY-III			
Learning	Theory	Practical	Duration
Outcome	(08 hrs)	(12hrs)	(20hrs)
Create a     document on     the word     processor	<ol> <li>Introduction to ICT</li> <li>Advantages of using a word processor.</li> <li>Work with Libre Office Writer</li> </ol>	<ol> <li>Group activity on demonstration and practice of the following:         <ul> <li>Creating a new document</li> <li>Typing text</li> <li>Saving the text</li> <li>Opening and saving file on Microsoft word/Libre Office Writer.</li> </ul> </li> </ol>	02

Total			20
8. Make changes by using the track change option in a word document	<ol> <li>Tracking option</li> <li>Manage option</li> <li>Compare documents</li> </ol>	<ol> <li>Group activity on performing track changes in LibreOffice Writer</li> <li>Group activity on performing track changes in Microsoft Word</li> </ol>	04
7. Insert header, footer and page number in a word document	<ol> <li>Insert header</li> <li>Insert footer</li> <li>Insert page number</li> <li>Page count</li> </ol>	Practical exercise of inserting header, footer and page numbers in LibreOffice Writer     Practical exercise of inserting header, footer and page numbers in Microsoft Word	03
6. Insert lists, tables, pictures, and shapes in a word document	<ol> <li>Insert bullet list</li> <li>Number list</li> <li>Tables</li> <li>Pictures</li> <li>Shapes</li> </ol>	Practical exercise of inserting lists and tables using     LibreOffice Writer	03
5. Check spelling and grammar in a word document	<ol> <li>Use of spell checker</li> <li>Autocorrect</li> </ol>	<ol> <li>Group activity on checking spellings and grammer using LibreOffice Writer</li> <li>Group activity on checking spellings and grammer using Microsoft Word</li> </ol>	02
4. Format text in a word document	<ol> <li>Change style and size of text</li> <li>Align text</li> <li>Cut, Copy, Paste</li> <li>Find and replace</li> </ol>	Group activity on formatting text in LibreOffice Writer     Group activity on formatting text in Microsoft Word	02
3. Save, close, open and print document	4. Molliple ways to perform a function  1. Save a word document  2. Close  3. Open an existing document  4. Print	vith Microsoft Word  1. Group activity on performing the functions for saving, closing and printing documents in LibreOffice Writer  2. Group activity on performing the functions for saving, closing and printing documents in Microsoft Word	02
2. Identify icons on the toolbar	<ol> <li>Status bar</li> <li>Menu bar</li> <li>Icons on the Menu bar</li> <li>Multiple ways to</li> </ol>	Group activity on using basic user interface of LibreOffice writer      Group activity on working	02

UNIT 4: ENTREPRENEURIAL SKILLS – III			
Learning Outcome	Theory (10hrs)	Practical (15hrs)	Duration (25hrs)
Differentiate     between     different kinds     of businesses	Introduction to entrepreneurship     Types of business activities	Role-play on different kinds of businesses around us	03
2. Describe the significance of entrepreneuri al values	<ol> <li>Meaning of value</li> <li>Values of an         <ul> <li>Entrepreneur</li> </ul> </li> <li>Case study on qualities         of an entrepreneur</li> </ol>	Role-play on qualities     of an entrepreneur	03
3. Demonstrate the attitudinal changes required to become an entrepreneur	Difference between     the attitude of     entrepreneur and     employee	Interviewing     employees and     entrepreneurs	03
4. Develop thinking skills like an entrepreneur	<ol> <li>Problems of entrepreneurs</li> <li>Problem-solving</li> <li>Ways to think like an entrepreneur</li> </ol>	Group activity on identifying and solving problems	04
5. Generate business ideas	<ol> <li>The business cycle</li> <li>Principles of idea creation</li> <li>Generating a business idea</li> <li>Case studies</li> </ol>	Group activity to create business ideas	04
6. Describe customer needs and the importance of conducting a customer survey	Understanding     customer needs     Conducting a     customer survey	Group activity to conduct a customer survey	04
7. Create a business plan	<ol> <li>Importance of business planning</li> <li>Preparing a business plan</li> <li>Principles to follow for growing a business</li> <li>Case studies</li> </ol>	Group activity on developing a business plan	04
Total			25

UNIT 5: GREEN SKILI	UNIT 5: GREEN SKILLS – III			
Learning	Theory	Practical	Duration	
Outcome	(07 hrs)	(08 hrs)	(15 hrs)	
Describe the importance of the main sector of the green economy	1. Meaning of ecosystem, food chain and sustainable development 2. Main sectors of the green economy- E-waste management, green transportation, renewal energy, green construction, and water management	Group discussion on sectors of green economy     Preparing posters on various sectors for promoting green economy	06	
2. Describe the main recommendations of policies for the green economy	1. Policies for a green economy	Group discussion on initiatives for promoting the green economy     Writing an essay or a short note on the important initiatives for promoting green economy.	03	
3. Describe the major green sectors/ areas and the role of various stakeholders in the green economy	1. Stakeholders in the green economy	Group discussion on the role of stakeholders in the green economy     Making solar bulbs.	03	
4. Identify the role of government and private agencies in the green economy	Role of the government in promoting a green economy     Role of private agencies in promoting green economy	Group discussion on the role of Government and Private Agencies in promoting a green economy.      Preparing posters on green sectors.	03	
Total			15	

UNIT 5: GREEN SKILLS – III			
Learning Outcome	Theory (07 hrs)	Practical (08 hrs)	Duration (15 hrs)
Describe the importance of the main sector of the green economy	1. Meaning of ecosystem, food chain and sustainable development 2. Main sectors of the green economy- E- waste management, green transportation, renewal energy, green construction, and water management	<ol> <li>Group discussion on sectors of green economy</li> <li>Preparing posters on various sectors for promoting green economy</li> </ol>	06
Describe the main recommendations of policies for the green economy	Policies for a green     economy	<ol> <li>Group discussion on initiatives for promoting the green economy</li> <li>Writing an essay or a short note on the important initiatives for promoting green economy.</li> </ol>	03
3. Describe the major green sectors/ areas and the role of various stakeholders in the green economy	1. Stakeholders in the green economy	<ol> <li>Group discussion on the role of stakeholders in the green economy</li> <li>Making solar bulbs.</li> </ol>	03
4. Identify the role of government and private agencies in the green economy  Total	1. Role of the government in promoting a green economy 2. Role of private agencies in promoting green economy	<ol> <li>Group discussion on the role of Government and Private Agencies in promoting a green economy.</li> <li>Preparing posters on green sectors.</li> </ol>	03

## Part B: Vocational Skills

S.No.	Units	Duration
		(Hrs)
1.	Unit 1: Production Technology	35
2.	Unit 2: Introduction to Industrial Sewing Machines	25
3.	Unit 3: Machines for Seam Finishes	25
4.	Unit 4: Machines for Ornamental Stitches	25
5.	Unit 5: Machines for Attachments	25
6.	Unit 6: Personal Hygiene, Cleaning and Maintenance at Workplace	30
Tota	ıl	165

Learning	Theory	Practical	Duration
Outcome	(10 Hrs)	(25 Hrs)	(35 Hrs)
1. Explain different	1. Various garment	1. Prepare a comparison	
garment	production systems	chart of production	15
production systems		systems	
2. Identify garment	1. Need of process flow	1. Prepare process flow	
operating	chart in preparation of	chart of a garment	
procedure	a garment		
	2. Sequence of		20
	operations in garment		20
	production for:		
	• Shirt		
	<ul> <li>Trouser</li> </ul>		
Total			35

Learning	Theory	Practical	Duration
Outcome	(10 Hrs)	(15 Hrs)	(25 Hrs)
1. Identify types of thread, their classification and suitability as per machine and fabric	<ol> <li>Introduction to types of sewing threads</li> <li>Classification of sewing threads</li> <li>Numbering of thread</li> <li>Suitable threads for fabric and machine</li> </ol>	Identify     different     sewing     threads	10
2. Identify needles for specialized machines	<ol> <li>Sewing machine needles and its parts</li> <li>Needle system</li> <li>Types of needles and their uses</li> <li>Selection of appropriate needle for fabric and machine</li> <li>Selection of thread type and needle size for industrial sewing machine</li> </ol>	1. identify different sewing needles	15
Total	,		25

Unit 3: Machines	Unit 3: Machines for seam finishes			
Learning	Theory	Practical	Duration	
Outcome	(10 Hrs)	(15Hrs)	(25 HRS)	
Identify lock     stitch machine     used in apparel     industry	<ol> <li>Various specialized sewing machines used in industry</li> <li>Importance of lock stitch machine</li> <li>Parts of single needle lock stitch machine with under bed trimmer</li> <li>Operating steps of lock stitch machine</li> <li>Checking machine before operation</li> </ol>	1. Practice the preparatory process of specialized sewing machine before stitching 2. Practice stitching with lock stitch machine	13	
2. Demonstrate the use of overlock machine	<ol> <li>Importance of overlock machine</li> <li>Types of overlock stitches</li> <li>Parts of overlock stitch machine</li> <li>Operating steps of overlock stitch machine</li> </ol>	Prepare samples     using overlock     machine	12	
Total			25	

Learning	Theory	Practical	Duration
Outcome	(10 Hrs)	(15 Hrs)	(25 Hrs)
Identify and use embroidery machines	Types of embroidery machines     Types of computerized embroidery machines	Identify different     embroidery machines	10
2. Demonstrate the use of zigzag machines	<ol> <li>Parts of Zigzag sewing machine</li> <li>Operating steps of a zigzag sewing machine</li> </ol>	Practice stitching with zigzag sewing machine	15
Total	•	•	25

Unit 5: Machines for Attachments			
Learning Outcome	Theory (10 Hrs)	Practical (15 Hrs)	Duration (25 Hrs)
Demonstrate belt &     loop attachment     and button sewing     machine	<ol> <li>Belt-loop setter for trousers and jeans</li> <li>Button attachment machine and its parts</li> </ol>	Prepare     samples using     button	13

Learning	Theory	Practical	Duration
Outcome	(10 Hrs)	(15 Hrs)	(25 Hrs)
	3. Importance of button	attachment	
	sewing machine	machine	
	4. Operating steps of button		
	sewing machine		
Demonstrate button hole machine	Parts of button hole     machine	Practice     stitching with	
	2. Importance and use of	button hole	12
	button hole machine	machine	12
	2. Operating steps of a button		
	hole machine		
Total	·	•	25

Learning Outcome	Theory (10 Hrs)	Practical (20 Hrs)	Duration (30 Hrs)
Understand     personal health     and hygiene	1. Introduction to health and hygiene 2. Factors that affect the maintenance of good health 3. Importance of good personal hygiene 4. Health and safety precautions for operators if using hand needle	Practice health and hygiene	10
2. Demonstrate cleaning and maintenance at workplace	Introduction to cleaning and maintenance     Types of maintenance work     Benefits of maintenance and clean environment	Practice cleaning and maintenance	10
3. Cleaning and maintenance of specialized machines	Cleaning, oiling and maintenance of a specialized sewing machine	Practice cleaning and maintenance of specialized machines	10
Total			30

# CLASS 12

# Part A - Employability Skills

S. No.	Units	Duration (hrs)
1.	Communication Skills- IV	25
2.	Self-management Skills - IV	25
3.	Information and Communication Technology Skills - IV	20
4.	Entrepreneurial Skills - IV	25
5.	Green Skills - IV	15
Total		110

Learning Outcome  1.  Demonstrat	Theory (10hrs)	Practical	
1.		(15hrs)	Duration (25hrs)
e active listening skills	1.Active listening -listening skill, stages of active listening     2. Overcoming barriers to active listening	<ol> <li>Group discussion on factors affecting active listening</li> <li>Preparing posters of steps for active listening</li> <li>Role-play on negative effects of not listening actively</li> </ol>	10
2. Identify the parts of speech	Parts of speech – using capitals, punctuation, basic parts of speech, Supporting parts of speech	<ol> <li>Group practice on identifying parts of speech</li> <li>Group practice on constructing sentences</li> </ol>	10
3. Write sentences	<ul> <li>1. Writing skills to the following: <ul> <li>Simple sentence</li> <li>Complex sentence</li> <li>Types of object</li> </ul> </li> <li>2. Types of sentences <ul> <li>Active and Passive sentences</li> <li>Statement/</li> <li>Declarative sentence</li> <li>Question/</li> <li>Interrogative sentence</li> <li>Emotion/</li> <li>Reaction or Exclamatory sentence</li> <li>Order or Imperative sentence</li> </ul> </li> </ul>	<ol> <li>Group work on writing sentences and paragraphs</li> <li>Group work on practicing writing sentences in active or passive voice</li> <li>Group work on writing different types of sentences(i.e., declarative, exclamatory, interrogative and imperative)</li> </ol>	05
Total	3. Paragraph writing		25

	Learning	Theory		Practical	Duration
	Outcome	(10hrs)		(15hrs)	(25hrs)
1.	Describe the various factors influencing motivation and positive attitude	<ol> <li>Motivation and positive attitude</li> <li>Intrinsic and extrinsic motivation</li> <li>Positive attitude – ways to maintain positive attitude</li> <li>Stress and stress management - ways to manage stress</li> </ol>		Role-play on avoiding stressful situations Activity on listing negative situations and ways to turn it positive	10
2.	Describe how to become result oriented	How to become result oriented?     Goal setting – examples of result-oriented goals	1.	Group activity on listing aim in life	05
3.	Describe the importance of self-awareness and the basic personality traits, types and disorders	<ol> <li>Steps towards self-awareness</li> <li>Personality and basic personality traits</li> <li>Common personality disorders-         <ul> <li>Suspicious</li> <li>Emotional and impulsive</li> <li>Anxious</li> </ul> </li> <li>Steps to overcome personality disorders</li> </ol>	1.	Group discussion on self- awareness	10
To	tal	personally disorders			25

Learning Outcome	Theory (06 hrs)	Practical (14 hrs)	Duration (20 hrs)
Identify the components of a spreadsheet application	Getting started with     spreadsheet - types of a     spreadsheet, steps to start     LibreOffice Calc.,     components of a worksheet.	Group activity     on identifying     components of     spreadsheet in     LibreOffice     Calc.	02
Perform basic operations in a spreadsheet	<ol> <li>Opening workbook and entering data – types of data, steps to enter data, editing and deleting data in a cell</li> <li>Selecting multiple cells</li> <li>Saving the spreadsheet in various formats</li> <li>Closing the spreadsheet</li> <li>Opening the spreadsheet</li> <li>Printing the spreadsheet</li> </ol>	1. Group activity on working with data on LibreOffice Calc.	03

4. Demonstrate the knowledge of using advanced features in spreadsheet  5. Make use of the software used for making slide presentations  6. Demonstrate the knowledge to open, close and save slide presentations  7. Demonstrate the operations related to slides and text in the operations in the presentation  8. Demonstrate the operations related to slides and text in the operations in the presentation  8. Demonstrate the operations  1. Group practice on working with LibreOffice Impress tools  1. Group practice on working with LibreOffice Impress tools  1. Group activity on working with LibreOffice Impress tools  1. Group activity on working with LibreOffice Impress tools  1. Group activity on saving, closing and opening a presentation in LibreOffice Impress  1. Group activity on saving, closing and opening a presentation in LibreOffice Impress  1. Group practice on working with LibreOffice Impress  1. Group activity on saving, closing and opening a presentation in LibreOffice Impress  1. Group activity on saving, closing and opening a presentation in LibreOffice Impress  2. Isreting slides and text in a presentation text, highlighting text, cligning text, cligning text, clanging text colour  2. Ingress tools  3. Adding text to a presentation  4. Group activity on saving, closing and opening a presentation  1. Group activity on changing slide layout  2. Ingress tools  3. Adding text to a presentation  4. Changing slide layout  5. Make use of available and text in a presentation  4. Changing slide layout  5. Make use of available and text in a presentation  6. Demonstrate the use of a presentation and in a presentation  8. Demonstrate the use of advanced apresentation  9. LibreOffice Impress  1. Group activity on changing slide layout	3. Demonstrate the knowledge of working with data and formatting text	1. Using a spreadsheet for addition – adding value directly, adding by using cell address, using a mouse to select values in a formula, using sum function, copying and moving formula  2. Need to format cell and content  3. Changing text style and font size  4. Align text in a cell  5. Highlight text	1. Group activity on formatting a spreadsheet in LibreOfficeCalc 2. Group activity on performing basic calculations in LibreOffice Calc.	02
the software used for making slide presentations 3. Adding text to a presentation 2. Stapes to start LibreOffice Impress 3. Adding text to a presentation 3. Adding text to a presentation 3. Adding text to a presentation 4. Group activity on saving, closing and opening a presentations 4. Group activity on saving, closing and opening a presentation 5. Demonstrate the operations related to slides and texts in a presentation 4. Advanced features in a presentation 5. Inserting shapes in the presentation 4. In Group activity on saving, closing and opening a presentation in LibreOffice Impress 1. Group practice on working with font styles in the text, highlighting text, aligning text, aligning text, changing text colour 5. In Group activity on changing slide Impress 1. Group activity on changing slide Impress 1. Group activity on changing slide Impress 1. Group activity on changing slide Inpress Impress 1. Group activity on changing slide Inpress Impress Impr	of using advanced features in	3. Protecting spreadsheet with	in	03
the knowledge to open, close and save slide presentations  7. Demonstrate the operations related to slides and texts in the presentation  8. Demonstrate the use of advanced features in a presentation  8. Demonstrate the use of advanced features in a presentation  8. Inserting clipart and images in a presentation  1. Working with slides and text in a opening a presentation in LibreOffice and opening a opening a opening a opening a opening a opening a presentation in LibreOffice and opening a	the software used for making slide	available 2. Stapes to start LibreOffice Impress	on working with LibreOffice	02
the operations related to slides and texts in the presentation presentation to a presentation, deleting slides, adding and formatting text, highlighting text, aligning presentation text, changing text colour  8. Demonstrate the use of advanced features used in a presentation advanced features in a presentation appresentation appresentation appresentation and a presentation appresentation appre	the knowledge to open, close and save slide	•	on saving, closing and opening a presentation in LibreOffice	01
the use of advanced 2. Inserting shapes in the presentation 2. Inserting shapes in the presentation 3. Inserting clipart and images in a presentation a presentation a presentation a presentation a presentation and images in a presentation and image	the operations related to slides and texts in the	a presentation- adding slides to a presentation, deleting slides, adding and formatting text, highlighting text, aligning	on working with font styles in LibreOffice	04
Total 20	the use of advanced features in a presentation	presentation  2. Inserting shapes in the presentation  3. Inserting clipart and images in a presentation	on changing slide layout onLibreOffice	

UNIT 4: ENTREPREN	EURIAL SKILLS-IV		
Learning Outcome	Theory (10hrs)	Practical (15hrs)	Duration (25hrs)
Describe the concept of entrepreneurship and the types and roles and functions entrepreneur	<ol> <li>Entrepreneurship and entrepreneur</li> <li>Characteristics of entrepreneurship</li> <li>Entrepreneurship-art and science</li> <li>Qualities of a successful entrepreneur</li> <li>Types of entrepreneurs</li> <li>Roles and functions of an entrepreneur</li> <li>What motivates an entrepreneur</li> <li>Identifying opportunities and risk-taking</li> <li>Startups</li> </ol>	<ol> <li>Group discussion on the topic "An entrepreneur is not born but created".</li> <li>Conducting a classroom quiz on various aspects of entrepreneurship.</li> </ol>	10
2. Identify the barriers to entrepreneurship	<ol> <li>Barriers to entrepreneurship</li> <li>Environmental barriers</li> <li>No or faulty business plan</li> <li>Personal barriers</li> </ol>	<ol> <li>Group discussion about         "What we fear about         entrepreneurship"</li> <li>Activity on taking an         interview of an         entrepreneur.</li> </ol>	05
3. Identify the attitude that make an entrepreneur successful	Entrepreneurial attitude	Group activity on identifying entrepreneurial attitude.	05
	<ol> <li>Entrepreneurial competencies</li> <li>Decisiveness</li> <li>Initiative</li> <li>Interpersonal skills-positive attitude, stress management</li> <li>Perseverance</li> <li>Organisational skills-time management, goal setting, efficiency, managing quality.</li> </ol>	<ol> <li>Playing games, such as "Who am I".</li> <li>Group discussion on business ideas</li> <li>Group practice on "Best out of Waste"</li> <li>Group discussion on the topic of "Let's grow together"</li> <li>Group activity on listingstress and methods to deal with it like Yoga, deep breathing exercises, etc.</li> <li>Group activity on time management</li> </ol>	05
Total	<u> </u>	<u> </u>	25

Learning Outcome	Theory (05hrs)	Practical (10hrs)	Duration (15hrs)
Identify the benefits of the green jobs	<ol> <li>Green jobs</li> <li>Benefits of green jobs</li> <li>Green jobs in different sectors:         <ul> <li>Agriculture</li> <li>Transportation</li> <li>Water conservation</li> <li>Solar and wind energy</li> <li>Eco-tourism</li> <li>Building and construction</li> <li>Solid waste management</li> <li>Appropriate technology</li> </ul> </li> </ol>	Group     discussion on     the importance     of green job.	08
2. State the importance of green jobs	<ol> <li>Importance of green jobs in</li> <li>Limiting greenhouse gas emissions</li> <li>Minimizing waste and pollution</li> <li>Protecting and restoring ecosystems</li> <li>Adapting to the effects of climate</li> </ol>	<ol> <li>Preparing posters on green jobs.</li> <li>Group activity on tree plantation.</li> </ol>	07

# Part B-Vocational Skills

S. No.	Units	Duration
		(Hrs)
1.	Unit 1: Introduction to Garment Pre-production processes	30
2.	Unit 2: Feed off the arm and bartack machines	30
3.	Unit 3: Flat lock machine, blind stitch machine, finishing machine	40
	and other equipment	
4.	Unit 4: Organizational Health safety and security at workplace	30
5.	Unit 5: Quality Control in Stitching Process	35
Total		165

Unit 1: Introduction to Garment pre-production processes			
Learning Outcome	Theory (10 Hrs)	Practical (20 Hrs)	Duration (30 Hrs)
1. Specification sheet	1. Introduction and contents of a specification sheet: fabric type, seams and stitches, colour, accessory details (zippers, pockets, etc.), and ornamentation (embroidery, cutwork, patchwork 2. Importance of specification sheet	1. Search a specification sheet from internet and interpret the details given in it 2. Prepare different types of specification sheet like fabric type, seams and stitches, colour, accessory details (zippers, pockets, etc.), and ornamentation (embroidery, cutwork, patchwork etc. and prepare a sample file	12
Explain the pre- production     operations in an     apparel industry	Meaning and importance of pre-production operations     Pre-production planning	Make a chart of pre- production operations in the apparel industry and list out their utilities	05
3. New attachments of sewing machine	1. Sewing machine attachments such as gathering foot, 1/4th inch foot, darning foot, binder foot, 3-way cording foot, beading foot, pin tucking foot, ribbon foot, piping foot ruffle foot.	Prepare samples     using different     attachments	13
Total		,	30

	Learning	Theory	Practical	Duration
	Outcome	(10 Hrs)	(20 Hrs)	(30Hrs)
1.	Demonstrate operationalization of Feed off the arm machine	<ol> <li>Importance of feed off the arm machine</li> <li>Parts of feed off the arm machine</li> <li>Threading of feed off the arm machine</li> <li>Operating steps of feed off the arm machine</li> </ol>	<ol> <li>Sewing practice on feed arm machine</li> <li>Collect pictures of garments in which feed of arm machine is used and paste in practical file</li> </ol>	15

	Learning	Theory	Practical	Duration
	Outcome	(10 Hrs)	(20 Hrs)	(30Hrs)
2.	Demonstrate operationalization of bar-tack machine	<ol> <li>Importance of bar-tack sewing machine</li> <li>Different parts of bar-tack sewing machine</li> <li>Operating steps of bar- tack sewing machine</li> </ol>	Sewing practice on bar-tack machine     Thread a bar-tack machine	15
Tot	tal			30

Unit 3: Flat lock machine, blind stitch machine, finishing machines			
other equipment			
Learning Outcome	Theory (15 Hrs)	Practical (25Hrs)	Duration (40Hrs)
Identify     stitching     process of flat     lock machine	<ol> <li>Introduction of flat lock machine</li> <li>Parts of flat lock machine</li> <li>Threading of flat lock machine</li> <li>Operating steps of flat lock machine</li> </ol>	Prepare     samples using     flat lock     machine	10
2. Identify operating system of blind stitch sewing machine	<ol> <li>Importance of blind stitch sewing machine</li> <li>Different parts of blind stitch machine</li> <li>Operating steps of blind stitch sewing machine</li> </ol>	1. Sewing practice through blind stitch machine 2. Collect images of blind stitch sewing machine paste in practical file and write its uses in the practical file	10
3. Identify and operate finishing machines and other equipments	<ol> <li>Introduction, parts and operating steps of:         <ul> <li>Welt attachment machine</li> <li>Fusing machine</li> </ul> </li> <li>Pressing equipment used in garment industry:         <ul> <li>Hand irons</li> <li>Iron table</li> <li>Buck press or steam press</li> <li>Trouser pressing</li> <li>Double-legger pressing</li> <li>Carousel pressing</li> <li>Steam finisher</li> <li>Tunnel finisher</li> <li>Creasing machine</li> </ul> </li> <li>Pleating machine</li> </ol>	Practice use of all the machines in the session and prepare samples	15
Total	3. Floating machine		40
1 .0.0.			-10

Unit 4: Maintain Organizational Health, Safety and Security at Workplace			
Learning Outcome	Theory (10Hrs )	Practical (20Hrs)	Duration (30Hrs)
Describe     importance of     health and safety     at workplace	<ol> <li>Importance of health</li> <li>Types of hazards at workplace</li> <li>Steps of reporting to concerned person in an organization at the time of emergency</li> <li>Emergency action plan</li> </ol>	Prepare emergency action plan	10
2. Explain health and safety measures at workplace	<ol> <li>Introduction to safety</li> <li>Importance of ergonomics at workplace</li> <li>Recommendations to improve the safety and health conditions in garment manufacturing units</li> <li>Important safety instructions while working on specialized machines</li> <li>Safety Rules for safe working operations on specialized sewing machine</li> </ol>	Demonstrate proper actions taking in case of emergencies at workplace	10
3. Explain steps of Storing materials and equipment	<ol> <li>Social responsibility of companies</li> <li>Waste management in textile and apparel industry</li> </ol>	Practice waste     management	05
4. Describe organizational policy, goals, rules & regulation and workmen security	<ol> <li>Purpose and benefits of organizational policies</li> <li>Importance of organizational goals</li> <li>Workmen security system</li> </ol>	Prepare     organizational plan	05
Total	<u> </u>	<u> </u>	30

Learning Outcome	Theory (10 Hrs)	Practical (20 Hrs)	Duration (35Hrs)
Describe quality control process and its importance in garments	Importance of quality in stitching process     Types of problem and factors which affecting quality of stitching	Check garment     according to AQL     chart	15
2. Narrate types of faults & corrections required in stitching process	Classification, cause and rectification of defects	Identify garment defects	20
Total		1	35

#### 6. ORGANISATION OF FIELD VISITS

In a year, at least 3 field visits/educational tours should be organised for the students to expose them to the activities in the workplace.

Visit Boutiques, Market, Workshops, relevant industries and small units to observe the following: Location, Site, Office building, Store, Fabric yard, Packing area, Fabric store, Cutting area and Industrial machines. During the visit, students should obtain the following information from the owner or the supervisor of the industry:

- 1. Area under industry and its layout
- 2. Departments in industry
- 3. Work culture and environment of various departments
- 4. Various cutting, sewing, pattern making and layout machines
- 5. Different Specialized sewing machines
- 6. Different buyers, the company deals with
- 7. Product range of the industry
- 8. Understand time and action calendar
- 9. Manufacture, export, import, sale procedure
- 10. Manpower engaged
- 11. Total expenditure of industry
- 12. Total annual income
- 13. Profit/Loss (Annual)
- 14. Any other information

#### 7. LIST OF EQUIPMENT AND MATERIALS

The list given below is suggestive and an exhaustive list should be prepared by the vocational teacher. Only basic tools, equipment and accessories should be procured by the Institution so that the routine tasks can be performed by the students regularly for practice and acquiring adequate practical experience.

- 1. Thread
- 2. Needle
- 3. Trims
- 4. Fabric
- 5. Button
- 6. Scissor
- 7. Measuring tape
- 8. Chalk
- 9. Pins
- 10. Sheets
- 11. Paper
- 12. Picture (Apparel magazines)
- 13. Zipper
- 14. Embroidery machine
- 15. Chain stitch machine
- 16. Over-lock machine
- 17. Button hole sewing machine
- 18. Button sewing machine
- 19. Zigzag sewing machine
- 20. Lock stitch machine
- 21. Feed of arm machine
- 22. Bar-tack machine
- 23. Blind stitch machine
- 24. High speed sewing machine
- 25. High speed interlock machine

# 8. VOCATIONAL TEACHER'S/ TRAINER'S QUALIFICATION AND GUIDELINES

Qualification and other requirements for appointment of vocational teachers/trainers on contractual basis should be decided by the State/UT. The suggestive qualifications and minimum competencies for the vocational teacher should be as follows:

S. No.	Qualification	Minimum Competencies	Age Limit
1.	Post-graduation in Textile and Clothing or Relevant area from a recognized Institute/University, with at least 1 year work/teaching experience in Textile and clothing	Effective     communication     skills (oral and     written)     Basic computing     skills	18-37 years (as on Jan. 01 (year))  Age relaxation to be provided as per Govt. Rules

Vocational Teachers/Trainers form the backbone of Vocational Education being imparted as an integral part of Rashtriya Madhyamik Shiksha Abhiyan (RMSA). They are directly involved in teaching of vocational subjects and also serve as a link between the industry and the schools for arranging industry visits, On-the-Job Training (OJT) and placement.

These guidelines have been prepared with an aim to help and guide the States in engaging quality Vocational Teachers/Trainers in the schools. Various parameters that need to be looked into while engaging the Vocational Teachers/Trainers are mode and procedure of selection of Vocational Teachers/Trainers, Educational Qualifications, Industry Experience, and Certification/Accreditation.

The State may engage Vocational Teachers/Trainers in schools approved under the component of Vocationalisation of Secondary and Higher Secondary Education under RMSA in the following ways:

(i) directly as per the prescribed qualifications and industry experience suggested by the PSS Central Institute of Vocational Education(PSSCIVE), NCERT or the respective Sector Skill Council(SSC)

OR

(ii) Through accredited Vocational Training Providers accredited under the National Quality Assurance Framework (NQAF\*) approved by the National Skill Qualification Committee on 21.07.2016. If the State is engaging Vocational Teachers/Trainers through the Vocational Training Provider (VTP), it should ensure that VTP should have been accredited at NQAF Level 2 or higher.

\* The National Quality Assurance Framework (NQAF) provides the benchmarks or quality criteria which the different organisations involved in education and training must meet in order to be accredited by competent bodies to provide government-funded education and training/skills activities. This is applicable to all organizations offering NSQF-compliant qualifications.

The educational qualifications required for being a Vocational Teacher/Trainer for a particular job role are clearly mentioned in the curriculum for the particular NSQF compliant job role. The State should ensure that teachers/trainers deployed in the schools have relevant technical competencies for the NSQF qualification being delivered. The Vocational Teachers/Trainers preferably should be certified by the concerned Sector Skill Council for the particular Qualification Pack/Job role which he/she will be teaching. Copies of relevant certificates and/or record of experience of the teacher/trainer in the industry should be kept as record.

To ensure the quality of the Vocational Teachers/Trainers, the State should ensure that a standardized procedure for selection of Vocational Teachers/Trainers is followed. The selection procedure should consist of the following:

- (i) Written test for the technical/domain specific knowledge related to the sector;
- (ii) Interview for assessing the knowledge, interests and aptitude of trainer through a panel of experts from the field and state representatives; and
- (iii) Practical test/mock test in classroom/workshop/laboratory.

In case of appointment through VTPs, the selection may be done based on the above procedure by a committee having representatives of both the State Government and the VTP.

The State should ensure that the Vocational Teachers/Trainers who are recruited should undergo induction training of 20 days for understanding the scheme, NSQF framework and Vocational Pedagogy before being deployed in the schools.

The State should ensure that the existing trainers undergo in-service training of 5 days every year to make them aware of the relevant and new techniques/approaches in their sector and understand the latest trends and policy reforms in vocational education.

The Head Master/Principal of the school where the scheme is being implemented should facilitate and ensure that the Vocational Teachers/Trainers:

- (i) Prepare session plans and deliver sessions which have a clear and relevant purpose and which engage the students;
- (ii) Deliver education and training activities to students, based on the curriculum to achieve the learning outcomes;
- (iii) Make effective use of learning aids and ICT tools during the classroom sessions;
- (iv) Engage students in learning activities, which include a mix of different methodologies, such as project based work, team work, practical and simulation based learning experiences;

- (v) Work with the institution's management to organise skill demonstrations, site visits, onjob trainings, and presentations for students in cooperation with industry, enterprises and other workplaces;
- (vi) Identify the weaknesses of students and assist them in up-gradation of competency;
- (vii) Cater to different learning styles and level of ability of students;
- (viii) Assess the learning needs and abilities, when working with students with different abilities
- (ix) Identify any additional support the student may need and help to make special arrangements for that support;
- (x) Provide placement assistance

Assessment and evaluation of Vocational Teachers/Trainers is very critical for making them aware of their performance and for suggesting corrective actions. The States/UTs should ensure that the performance of the Vocational Teachers/Trainers is appraised annually. Performance based appraisal in relation to certain pre-established criteria and objectives should be done periodically to ensure the quality of the Vocational Teachers/Trainers. Following parameters may be considered during the appraisal process:

- 1. Participation in guidance and counselling activities conducted at Institutional, District and State level;
- 2. Adoption of innovative teaching and training methods;
- 3. Improvement in result of vocational students of Class X or Class XII;
- 4. Continuous up-gradation of knowledge and skills related to the vocational pedagogy, communication skills and vocational subject;
- 5. Membership of professional society at District, State, Regional, National and International level;
- 6. Development of teaching-learning materials in the subject area;
- 7. Efforts made in developing linkages with the Industry/Establishments;
- 8. Efforts made towards involving the local community in Vocational Education
- 9. Publication of papers in National and International Journals;
- 10. Organisation of activities for promotion of vocational subjects;
- 11. Involvement in placement of students/student support services.

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